

MaineHealth Sports Performance

Summer High School TRAINING PROGRAM

Free Program

High school athletes from Saco, Biddeford and OOB. First come, first served — with a max of 125 athletes.

**Weekly Sessions, Mondays and Thursdays
Thornton Academy, Grass Fields/Field House**

June 22, 25, 29 July 2, 6, 9, 13, 16, 20, 23, 27, 30 Aug 3, 6

7:30 a.m. to 8:45 a.m.

Sign Up Today!

Fill out the registration form and mail, fax or scan it to Joey Curit.

Questions?

Email: joseph.curit@mainehealth.org

Phone: 207-294-8448, **Fax:** 207-282-2122

12 Thornton Avenue, Saco, ME 04072

Check Us Out/Updates

Website: mainehealth.org/sports.

X: @SPCAthlete, **Instagram:** @SPCAthlete

REGISTRATION FORM

Athlete's Information

Name: _____ Date of Birth: _____

Address: _____

School: _____

Sports: _____

Email (for weather updates): _____ Phone #: _____

Emergency Contact

Name: _____ Phone #: _____

Relation: _____ Email: _____

Insurance Company: _____ Policy #: _____

List the following: (explain thoroughly any "yes" responses)

Any medical conditions/injuries currently under treatment that we need to be aware of:

Any Medications that could affect exercise tolerance? Please list:

Any Asthma or Allergies: _____

Do you carry an Epi-Pen: _____ Inhaler: _____

A Medical Waiver will be provided upon registration. This will need to be completed to participate in the program.

Scan, fax or mail completed form to: Joey Curit

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